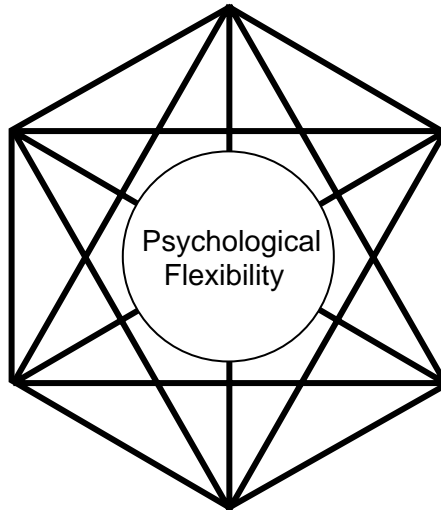


Name: _____

Contact with the Present Moment

Acceptance

Value Clarity



Defusion

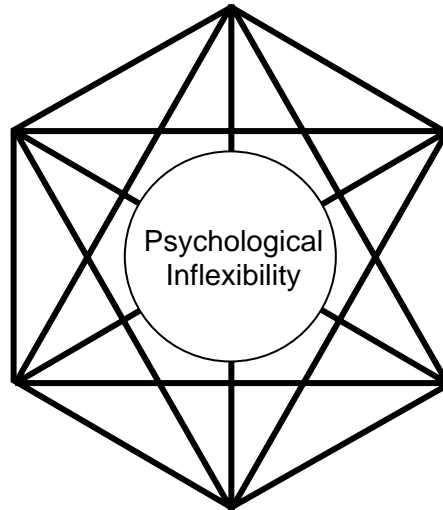
Effective Committed Action

Transcendent Sense of Self

Name: _____

Weak Self-Knowledge;
Dominating Concept
of the Past and Feared Future

Experiential
Avoidance



Lack of Values
Clarity;
Dominance of
Pliance,
Avoidant
Tracking, and
Problematic
Augmenting

Cognitive
Fusion

Persistent
Inaction,
Impulsivity, or
Avoidance

Attachment to the
Conceptualized Self